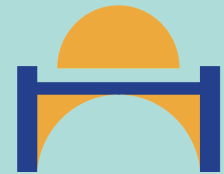


FAMILY NUTRITION

with The ZoNE

All families of children K-12th grade accessing mental health services through SPS or Frontier Behavioral Health counseling in Northeast Spokane are eligible!



Fresh Foods & Recipes

Delivered bi-weekly to families along with interactive cooking classes and meal planning tips for free!

Mentoring & Education

With Family Advocates about how healthy foods support positive behavioral change in children

Progress & Outcomes

Caregiver surveys with shared academic and behavioral changes during the approx. 3 month program

THEZONESPOKANE.ORG
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THE ZONE IS A PARTNERSHIP OF NORTHEAST SPOKANE RESIDENTS, SCHOOLS, AND ORGANIZATIONS GENERATING HOPE & OPPORTUNITY THROUGH COLLECTIVE ACTION.